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Welcome to the first issue of the SEBDOS Newsletter 2024.

SEBDOS (Social, Emotional, Behavioural Development Outreach Service) is an outreach service which is part of The Specialist Education Trust, based at Littledown School. Our Service comprises of a group of professionals who work with Schools and pupils with social, emotional and mental health needs that make it difficult for them to reach their full potential in school or at home.

What's been happening this Term (April – July 2024)

SEBDOS received **96** referrals this term.

Transition Workshops - we have had more transition groups and workshops this term than ever before! Remember to book earlier for next year!

The SEBDOS' Evaluation of Service Form has been sent out to schools to complete so they can voice their opinion/concerns.

What is ADHD?

Attention

Deficit

Hyperactivity

Disorder

A fancy name for people who find it hard to concentrate, remember things and organise themselves.

People with ADHD tend to be really curious, creative and enthusiastic.

Around 1 in 20 people have ADHD

Feedback from Schools / Parents:

SCHOOL: It has been great working with SEBDOS over the years. You have been an immense help and the work that you all do to support schools and vulnerable children cannot be overstated.

PARENT: It has been invaluable to just have someone to talk to who understands what parents experience, can provide some insight and context into what your child is going through, give advice and work with us and our child's school.

PARENT: While we weren't initially sure whether we needed the support from SEBDOS, taking up what was offered by the team has made a real difference to our family.

SCHOOL: The Service received was excellent. SEBDOS made it very easy to work with a family that wasn't engaging as expected and were difficult to reach.

In the Spotlight

The SEBDOS TEAM:

Head of SEBDOS

Manages the Service & Home Education Register.

Administration Officer

Co-ordinates SEBDOS Administration, supports the Team.

Inclusion Project Co-Ordinator

Line manages and provides supervision for Outreach Worker/Inclusion Mentors. Delivers Training.

Senior Outreach Worker

Provides individual support and small group work for pupils at risk of exclusion.

Inclusion Mentor

Provides individual mentoring for vulnerable pupils and small group work at primary/secondary school.

Family Link Worker

Family casework and intensive family support.

WE ARE HIRING:

We are currently looking to recruit a Family Link Worker to join our team. For further information and to apply, visit our website: www.sebdos.co.uk



To be in with a chance of winning **10 Free hours** to add to your SLA, don't forget to return your SEBDOS Annual Evaluation of Service Form by 22nd July 2024.

SEBDOS TERM DATES:

Last Day of Term: 25th July 2024

Autumn Term Starts: 3rd September 2024

Half Term: 28th Oct – 1st November 2024

Autumn Term Ends: 20th December 2024

Inset Days: 30th September

Parenting Tips:

Praise appropriate behaviour

Reflect appropriate talk

Imitate appropriate play

Describe appropriate behaviour

Enjoy time spent with your child/ren



Health Corner

Did you know Physical Activity is good for your Mental Health. It can improve mood & sleep and can decrease stress & anxiety. Every bit of movement can help your wellbeing.

